

Monday 2 October 2023

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# Health and Wellbeing Strategy 2024

Enfield Health and Wellbeing Board Meeting



# Enfield's proposed approach

## Evidence informed

- Local evidence of need
- Analysis of engagement and secondary research
- Best practice and stakeholder insights

## Clear and relatable structure

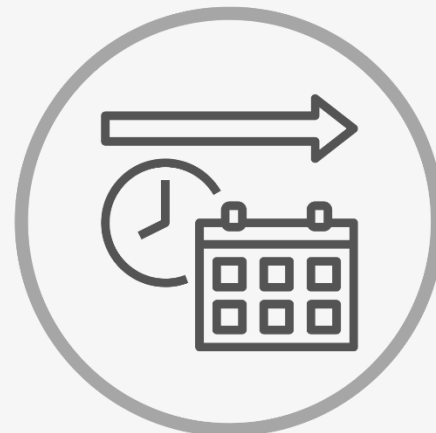
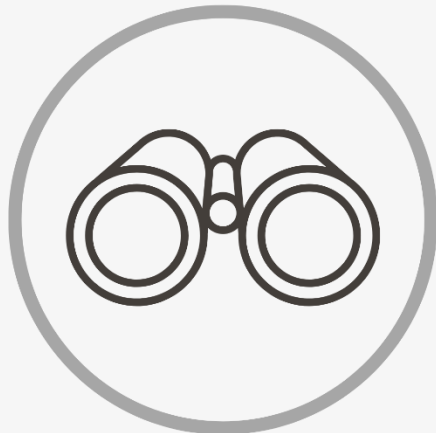
Life course model based on a population health approach

## Long term ambitions

Overarching vision and strategic ambitions (6 years)

## Medium-term priorities

Set out in biennial action plans that respond to local/NCL/national developments



# Vision & Principles

## Our Vision

**Our vision is to empower every Enfield resident to live healthier for longer**

Enfield's Joint Local Health and Wellbeing Strategy (HWBS) sets out a shared vision, ambition, and priorities for the next six years.

Enfield is home to over 360,000 people and our long-term ambition is for every resident to **Start Well, Live Well and Age Well**. Our strategy groups together a series of important priorities based on each of these different stages of our lives



## Principles

**As a board, our actions are guided by five, equally important, principles:**

- Tackle inequalities and promote equitable outcomes.
- Prioritise prevention and early intervention to help residents stay healthy and treat health problems before they become serious.
- Empower our residents to maximise their health knowledge and maintain independence.
- Ensure clear communication and effective team-working with partner organisations and residents.
- Develop and provide sustainable and cost-effective services that are person-centred and fit for the future.

# Start Well: Thriving children and young people

Support every child to have the best start in life from conception to the age of 19  
(or 25 if a young person has Special Educational Needs and Disabilities)



## Priority 1:

Support children to thrive in the early years and to be ready for their school or setting



## Priority 2:

Improve nutrition, oral health and physical activity among children and young people



## Priority 3:

Support children and young people to maintain good mental health and emotional wellbeing



## Priority 4:

Deliver early interventions and empower young people and families to seek out preventative healthcare

# Live Well: Strong, healthy and safe communities

Support our communities to live active, healthy lives and work with our partners to provide high quality and accessible health services.



## Priority 1:

Empower residents to grow their “Health Literacy” to make healthy choices



## Priority 2:

Supporting residents to manage their long-term conditions



## Priority 3:

Build a healthy environment that protects and promotes good health and an active lifestyle



## Priority 4:

Create connected communities that support our emotional wellbeing and resilience

# Age Well: People living healthier, more independent, and longer lives

Help residents maintain good health and independence well into older age, ensuring that every stage of life is valued and spent in the best possible health.



## Priority 1:

Assist every Enfield resident to have the social network they need to keep them healthy



## Priority 2:

Help every Enfield resident prevent the risks of age-related ill-health



## Priority 3:

Enable every Enfield resident to live a resilient and independent life into older age



## Priority 4:

Ensure every Enfield resident receives world class care at the end of life that makes the last stages of life as valued as every other.

# Joint Health and Wellbeing Strategy Development Timeline

